



# The BHF SENIOR-RITA Trial Newsletter

Issue 4 : February 2017



## News

Dear SENIOR-RITA Investigators and Team,

Welcome to the February 2017 BHF SENIOR-RITA newsletter.

We are pleased to say that to date we have conducted *17 SIVs and 13 sites* are open to active recruitment. 3 new sites opened this month so we welcome Dr Gerber and his team at East Sussex, Dr Carter and his team at North Tees and Dr Robertson and his team at Glasgow. Another 5 sites are very close to opening too.

Congratulations this month go to **Dr. Cooke and team at Chesterfield** for recruiting their first three participants, **Dr. Aggarwal and team at Essex** and **Dr Justin Carter and team at North Tees** for both recruiting their first two participants and **Dr Gerber and team at East Sussex** for recruiting their first participant.

The recruitment is certainly picking up momentum. In total, there have been 11 participants recruited this month making our total recruitment to date of 25 participants. We are in the process of adding further sites to bring our total number of SENIOR-RITA sites to 30.

## Trial Recruitment Update

SENIOR-RITA Sites	Principal Investigator	SIV	Date active for R~	No. Recruited
Newcastle	Dr. Vijay Kunadian	20/09/2016	31/10/2016	7
South Tees	Dr. David Austin	05/10/2016	02/12/2016	6
Edinburgh	Prof. Dave Newby	04/10/2016	01/12/2016	1
Chesterfield	Dr. Justin Cooke	23/11/2016	30/11/2016	3
Blackpool	Dr. Gavin Galasko	25/10/2016	15/11/2016	3
Essex	Dr. Rajesh Aggarwal	01/12/2016	02/12/2016	2
North Tees	Dr. Justin Carter	02/02/2017	23/02/2017	2
East Sussex	Dr. Robert Gerber	31/01/2017	21/02/2017	1
South Tyneside	Dr. Abdul Nasser	31/10/2016	16/12/2016	-
Gateshead	Dr. Ray Meleady	07/11/2016	09/12/2016	-
Lincoln	Dr. Kelvin Lee	12/01/2017	27/01/2017	-
Sheffield	Prof. Rob Storey	08/11/2016	25/01/2017	-
Glasgow	Dr. Keith Robertson	29/11/2016	28/02/2017	-
Lanarkshire	Dr. Ross McGeoch	16/11/2016	TBC 2017	-
South Manchester	Dr. Freidoon Keshavarzi	15/02/2017	TBC 2017	-
Northumbria	Dr. Craig Runnett	10/02/2017	TBC 2017	-
Ayrshire and Arran	Dr. Vera Lennie	17/01/2017	TBC 2017	-
Durham and Darlington	Prof. Jerry Murphy	16/03/2017	TBC 2017	-
Borders	Dr. Paul Neary	TBC 2017	TBC 2017	-
Aberdeen	Dr. Aswan Noman	TBC 2017	TBC 2017	-
Dundee	Dr. John Irving	TBC 2017	TBC 2017	-
Swansea	Dr. Dave Smith	TBC 2017	TBC 2017	-

~R Recruitment

## **SCREENING AND PATIENT RECRUITMENT STRATEGIES**

***Our recruitment target is 2300. With all your help and support we can achieve this!***

- 1. We request where feasible the research team to approach all 75 and over patients presenting with NSTEMI*
- 2. We request that all clinical teams, Medical Admissions, CCU, Cardiology wards including junior doctors are made aware of SENIOR-RITA trial at your sites so that eligible patients and their relatives are given an opportunity to consider SENIOR-RITA **before** a management decision is made*
- 3. With our overall target of **2300 patients**, we request that each site recruit a minimum of **2-3 patients/month** to meet our overall target in time. Of course, more patients are very welcome!*
- 4. If patients randomized to conservative arm were to develop significant symptoms post randomization, further treatment including invasive care is at the discretion of the treating Cardiologist and any further events will be captured as an outcome measure.*
- 5. If patient carers are not available, then the carer aspect of the trial are not mandated.*

Please remember to keep checking The SENIOR-RITA website  
<https://research.ncl.ac.uk/seniorrita/>

Also, don't forget to follow us on Twitter  @SNR\_RITA\_Trial

**Please contact Jaki Begum (Trial Manager), Carol Shields (Trial Administrator) or Laura Robertson (Trial Secretary) at Newcastle Clinical Trials Unit with any questions**

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*Working together as Newcastle Academic Health Partners*